

UNIT 5

Eating right

Talking about food and quantities



1. Countable and uncountable nouns

Countable nouns

- We can count them.
- We can use a/an, numbers and many.



an apple



two bananas



three eggs



many tomatoes

Uncountable nouns

- We cannot count them individually.
- We use **some**, **much**.



milk



rice



water



bread

2. Some and any

Some

- used in positive sentences
- to talk about a quantity



I need **some** milk.

Any

- used in questions and negative sentences



Do you have **any** eggs?

Examples

- There is **some** bread on the table.
- We don't have **any** milk.
- Do you have **any** apples?
- I need **some** sugar.

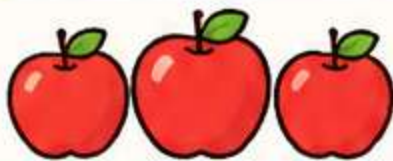


3. How much and how many?

How many ...?

- used with countable nouns (plural)

How many apples do you need?



I need **three** apples.

How much ...?

- used with uncountable nouns

How much milk do you need?



I need **one litre** of milk.

4. Other useful questions



What do you want to eat?
I want **an** apple.



What do we need?
We need **some** eggs.



Have you got **any** cereal?
Yes, we have. / No, we haven't.



How much water do you drink every day?
I drink **two** bottles.

5. Examples

- I need **some** rice.
- We don't have **any** oranges.
- **How many** bananas do you want?
- **How much** sugar is there?
- Do you have **any** milk?
- There are **many** apples on the table.



6. Common mistakes

- ✗ I need **any** milk. → ✓ I need **some** milk.
- ✗ **How much** apples do you want? → ✓ **How many** apples do you want?
- ✗ There is **many** rice. → ✓ There is **some** rice.
- ✗ Do you have **some** eggs? → ✓ Do you have **any** eggs?