

SET 1

FREE TIME

Learn at Home, Shine Every Day!

Use English to talk about how you enjoy your free time.



1. LISTENING

Listen to understand what people say about their free time.

What to listen for:

- activities
- time expressions
- feelings and likes

Try this at home!

Listen to a short video or song about free time. Write down 3 activities you hear.



2. SPEAKING

Speak to share your ideas and ask questions.

Useful expressions

- What do you do in your free time?
- I (watch TV) on Sundays.
- Do you (play football) at the weekend?
- Yes, I do. / No, I don't.
- I like / I don't like ...

Try this at home!

Talk with your family or friends about your free time. Practice every day!



3. READING

Read texts to get information.

Top tips:

- Read the title and look at the pictures.
- Find keywords (who, what, when, where).
- Read again and understand the meaning.

Try this at home!

Read a short passage about free time. Answer: Who? What? When? Where? Why?



4. WRITING

Write about your free time.

Steps:

1. Think of an activity you enjoy.
2. Choose the time.
3. Write 3-4 sentences.
4. Check spelling and punctuation.

Try this at home!

Write a short paragraph about your favourite free time activity.



★ 5. LANGUAGE ARTS

Vocabulary

(Common activities)

- watch TV
- play football
- read books
- ride a bicycle
- listen to music
- play games
- draw pictures

Grammar

(Simple Present)

I / You / We / They + base verb
(e.g. I play football.)
He / She / It + base verb + s/es
(e.g. He watches TV.)

Time expressions

- on Sundays
- at the weekend
- in the afternoon
- on Saturday morning

Phonics

Short vowel sounds

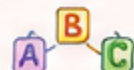
a-play, e-bed, i-ride,
o-football, u-music

Listen and say
the words.



Spelling Tips

- Listen to the word.
- Say it.
- Break it into sounds.
- Write it.
- Check again.



HOME LEARNING TIPS

- ✓ Study 10-15 minutes every day.
- ✓ Read, listen, speak, write and practise.
- ✓ Use English in your daily life.
- ✓ Don't be afraid to make mistakes!

You can do it!
Practice today,
improve tomorrow!



SET 2

ENJOY YOUR FREE TIME!

Learn, Practise, Improve at Home!



1. LISTENING

Listen carefully and understand.

You can:

- ✓ Listen to stories, dialogues or songs.
- ✓ Note the activities and time.
- ✓ Repeat the words.

Example activities:



Try at home: Listen and tick (✓) the activities you hear.



2. SPEAKING

Speak clearly and confidently.

Remember to:

- ✓ Use full sentences.
- ✓ Ask and answer questions.
- ✓ Share your ideas.

Example dialogue

A: What do you do in your free time?
B: I read books in the afternoon.
A: Do you play football at the weekend?
B: Yes, I do!

Try at home: Record your voice and listen to it. Then speak again!



3. READING

Read more to know more!

Before reading: Look at the title and pictures.
During reading: Find important words.
After reading: Answer the questions.

Sample text

Sara likes her free time. On Sundays, she watches TV with her family. At the weekend, she plays badminton with her brother. She also reads storybooks in the evening.

Questions

1. What does Sara do on Sundays?
2. What does she do at the weekend?
3. What does she do in the evening?



4. WRITING

Write neat and meaningful sentences.

Use this guide:

- What activity do you like?
- When do you do it?
- Who do you do it with?
- Why do you like it?

Example

I play football at the weekend.
I play with my friends.
I like it because it is fun and healthy.

Try at home: Write 4 sentences about your free time.

SET 3

MY FREE TIME, MY WAY!

Explore • Learn • Grow



1. LISTENING

Good listeners learn better!

Steps:

1. Listen to the audio or video.
2. Focus on the activities and time.
3. Write or draw what you hear.

Try at home:

Listen to a short clip twice.
Write 3 activities.



2. SPEAKING

Talking helps you grow!

Tips:

- Speak in complete sentences.
- Use correct pronunciation.
- Be polite and confident.

Useful words

I like ...
I don't like ...
I usually ...
Sometimes I ...



3. READING

Reading opens your mind!

Tips:

- Read every day.
- Understand the meaning.
- Learn new words.

Try at home:

Read a passage and underline important words.



4. WRITING

Writing shows your ideas!

Tips:

- Plan before you write.
- Write clearly and neatly.
- Use capital letters and full stops.

Try at home:

Write 5 sentences about your free time.



★ 5. LANGUAGE ARTS

Vocabulary

Learn and use new words in sentences.

Make a list of
free time
activities.

Grammar

(Simple Present)

Use it correctly:

- ✓ He plays.
- ✓ She reads.
- ✓ They watch TV.

Phonics

Listen and say
short vowel sounds
every day.

a, e, i, o, u

Spelling

Spelling right
makes your
writing bright!

Practise and
check your
spelling.

SMART STUDY HABITS

- ✓ Make a study schedule.
- ✓ Use English in your daily life.
- ✓ Practise with your family or friends.
- ✓ Believe in yourself!

Be proud of
your progress!
Keep learning!



Enjoy your free time and use English every day! ♥

★ Practice today, be better tomorrow! ♥