



UNIT 1

Where are you from?



1 Verb BE (am / is / are)

We use **am**, **is**, **are** to talk about people, countries, nationalities and places.

Subject		Example
I	am	I am from Malaysia.
He / She / It	is	She is from Japan.
You / We / They	are	They are from Thailand.

Negative

- I **am not** from Korea.
- He **isn't** from Mexico.
- They **aren't** from India.



Question

- **Are** you from Malaysia?
- **Is** she from Japan?
- **Are** they from Thailand?

2 Present Simple

We use the **present simple** to talk about habits and things that happen regularly.

Subject	Form	Example
I / You / We / They	verb (V1)	I play football.
He / She / It	verb + s/es	She plays football.

Spelling rules

- play → plays
- watch → watches
- study → studies
- go → goes
- do → does



3 Adverbs of Frequency

These words tell us how often something happens.

always

100%

usually

70%

sometimes

50%

often

70%

never

0%

Examples:

- I **always** play volleyball.
- She **usually** reads books.
- They **sometimes** watch TV.
- He **never** plays chess.



Useful Expressions

Countries and nationalities

- I'm from Malaysia.
- She's from Mexico.
- He's Mexican.
- They're from Thailand.
- We're Malaysian.



Places and leisure activities

- I go to the park.
- He plays volleyball.
- They watch football.
- She sometimes reads books.
- We always play basketball.

